

GCSC Training Session Changes for Christmas 2015 / New Year

Sunday 20th December (Christmas Gala)

- Twyver PM session CANCELLED
- Barton PM sessions CANCELLED
- No Land Training
- Barton 4.15-6.15pm Christmas Gala

Monday 21st December All training as normal

Tuesday 22nd December All training as normal

Wednesday 23rd December All training as normal

Thursday 24th December All training CANCELLED (GL1 closed)

Friday 25th December All training CANCELLED (GL1 closed)

Saturday 26th December All training CANCELLED (GL1 closed)

Sunday 27th December (Activity Day)

- Sports Hall / Spin Studio 10.00am-12.00pm Sports Hall activities / Spinning Class
- Café 12.00-1.00pm Lunch
- Sports Hall / Spin Studio 1.00pm-3.00pm opposite of morning session

Monday 28th December (Climbing Day)

- The Warehouse 11.00am-1.00pm Rock / Boulder Climbing

Tuesday 29th December

- Twyver LT 10.00-11.00am Club 6 / TTC8 / SSK9 land training
- Athlete Academy 10.00-11.00am TTC15/12 land training
- Athlete Academy 11.00am-12.00pm TTC19/15s land training

Wednesday 30th December

- Athlete Academy 10.00-11.00am TTC15/12 land training
- Athlete Academy 11.00am-12.00pm TTC19/15s land training

Thursday 31st December

- Twyver LT 10.00-11.00am Club 6 / TTC8 / SSK9 land training
- Athlete Academy 10.00-11.00am TTC15/12 land training
- Athlete Academy 11.00am-12.00pm TTC19/15s land training

Friday 1st January 2016 All training CANCELLED (GL1 closed)

Saturday 2nd January 2016 All training CANCELLED (GL1 closed)

Sunday 3rd January 2016 All training as normal