

## January Training Schedule and Session Changes

Monday 1 <sup>st</sup>	All training cancelled
Tuesday 2 <sup>nd</sup>	All training cancelled
Wednesday 3 <sup>rd</sup>	All swim training as normal Twyver 17.30-18.15 TTC14 Land Training – venue change
Thursday 4 <sup>th</sup>	All swim training as normal All land training cancelled due to Beaufort closure
Friday 5 <sup>th</sup>	All swim training as normal Twyver 19.15-20.00 TTC13 Land Training – venue change
Saturday 6 <sup>th</sup>	All training as normal UBSC Level 1/3 Open Meet
Sunday 7 <sup>th</sup>	All training as normal UBSC Level 1/3 Open Meet
Monday 8 <sup>th</sup> - Friday 12 <sup>th</sup>	All Training as normal
Saturday 13 <sup>th</sup>	All training as normal City of Derby Level 1 Open Meet Sevenside Tritons Gala
Sunday 14 <sup>th</sup>	All training as normal City of Derby Level 1 Open Meet
Monday 15 <sup>th</sup> – Friday 19 <sup>th</sup>	All training as normal

Saturday 20<sup>th</sup>

All training as normal

4 Seasons Gala

Sunday 21<sup>st</sup>

All training as normal

Long Distance County Championships

Monday 22<sup>nd</sup> – Friday 26<sup>th</sup>

All training as normal

Saturday 27<sup>th</sup>

All training Cancelled

County Championships

Sunday 28<sup>th</sup>

All normal training Cancelled

County Championships

Twyver 17.00 – 18.15 SSK3/5/6 – session change

Twyver 18.15 – 19.45 Club/Para/Uni – session change

Monday 29<sup>th</sup> – Wednesday 31<sup>st</sup> All training as normal