



**Squad Timetable 2024-2025**  
**from Tuesday 27th August 2024**

*Members should also refer to schedule changes sent monthly via our Communications Team.*

Swim Skills 1		
<b>Sun</b>	1600-1615	Prepool
	1615-1715	GL1 Barton
<b>Tues</b>	1800-1815	Prepool
	1815-1915	GL1 Twyver
<b>Thurs</b>	1645-1700	Prepool
	1700-1800	GL1 Twyver

Swim Skills 2		
<b>Sun</b>	1600-1615	Prepool
	1615-1715	GL1 Barton
<b>Tues</b>	1800-1815	Prepool
	1815-1915	GL1 Twyver
<b>Thurs</b>	1645-1700	Prepool
	1700-1800	GL1 Twyver
<b>Sat</b>	0600-0730	GL1 Barton
	0745-0815	LT GL1 Studio 1

Swim Skills 3		
<b>Sun</b>	1615-1630	Prepool
	1630-1830	GL1 Twyver
<b>Tues</b>	1900-1915	Prepool
	1915-2030	GL1 Twyver
<b>Thurs</b>	1745-1800	Prepool
	1800-1900	GL1 Twyver
<b>Sat</b>	0600-0730	GL1 Barton
	0745-0815	LT GL1 Studio 1

SEND		
<b>Tues</b>	1845-1900	Prepool
	1900-2015	GL1 Barton
<b>Thurs</b>	1645-1700	Prepool
	1700-1800	GL1 Twyver

Development		
<b>Sun</b>	1700-1715	Prepool
	1715-1815	GL1 Barton
<b>Tues</b>	1800-1815	Prepool
	1815-1915	GL1 Twyver
<b>Thurs</b>	1845-1900	Prepool
	1900-2000	GL1 Twyver

County Development		
<b>Sun</b>	1415-1430	Prepool
	1430-1630	GL1 Twyver
<b>Tues</b>	1845-1900	Prepool
	1900-2015	GL1 Barton
<b>Thurs</b>	0545-0730	GL1 Twyver
<b>Fri</b>	1615-1630	Prepool
	1630-1830	GL1 Twyver
	1845-1930	LT GL1 Twyver poolside
<b>Sat</b>	0545-0745	GL1 Twyver
	0800-0900	LT GL1 Sports Hall

County Performance		
<b>Sun</b>	1500-1600	LT GL1 Studio 3
	1615-1630	Prepool
	1630-1830	GL1 Twyver
<b>Mon</b>	1645-1700	Prepool
	1700-1830	GL1 Twyver
<b>Tues</b>	0545-0730	GL1 Twyver
<b>Wed</b>	1645-1700	Prepool
	1700-1845	GL1 Twyver
	1900-2000	LT GL1 Twyver
<b>Thurs</b>	1845-1900	Prepool
	1900-2000	GL1 Twyver
<b>Sat</b>	0545-0745	GL1 Barton
	0800-0900	LT GL1 Sports Hall

Competative Development		
<b>Sun</b>	1700-1715	Prepool
	1715-1815	GL1 Barton
<b>Wed</b>	0545-0730	GL1 Twyver
<b>Thurs</b>	1745-1800	Prepool
	1800-1900	GL1 Twyver
<b>Sat</b>	0545-0745	GL1 Twyver
	0800-0900	LT GL1 Sports Hall

**Venue details:**  
 GL1 Leisure Centre, GL1 1DT

**Coaching team open to parents:**  
 Tues 18.15-19.15 in GL1 Twyver

Regional Development		
<b>Sunday</b>	1500-1600	LT GL1 Studio 3
	1600-1615	Prepool
	1615-1815	GL1 Barton
<b>Mon</b>	0545-0730	GL1 Twyver
	1815-1830	Prepool
	1830-2030	GL1 Twyver
<b>Tues</b>	1645-1700	Prepool
	1700-1815	GL1 Twyver
<b>Wed</b>	0545-0730	GL1 Twyver
	1715-1815	LT GL1 Twyver poolside
	1830-1845	Prepool
	1845-2000	GL1 Twyver
<b>Fri</b>	0545-0730	GL1 Twyver
<i>GIRLS</i>	1815-1830	Prepool
	1830-1930	GL1 Twyver
<i>BOYS</i>	1915-1930	Prepool
	1930-2030	GL1 Twyver
<b>Sat</b>	0800-0900	LT GL1 Sports Hall

National and Regional Performance		
<b>Sunday</b>	1500-1600	LT GL1 Studio 3
	1600-1615	Prepool
	1615-1815	GL1 Barton
<b>Mon</b>	0545-0730	GL1 Twyver
	1645-1700	Prepool
	1700-1830	GL1 Twyver
<b>Tues</b>	0545-0730	GL1 Twyver
	1900-1915	Prepool
	1915-2030	GL1 Twyver
<b>Wed</b>	1645-1700	Prepool
	1700-1845	GL1 Twyver
	1900-2000	LT GL1 Twyver poolside
<b>Fri</b>	0545-0730	GL1 Twyver
<i>GIRLS</i>	1815-1830	Prepool
	1830-1930	GL1 Twyver
<i>BOYS</i>	1915-1930	Prepool
	1930-2030	GL1 Twyver
<b>Sat</b>	0545-0745	GL1 Barton
	0800-0900	LT GL1 Sports Hall